

# Sample Employer Logo

**Wishing you Good Health and Relaxation over Holiday Break!**

Should you need it, please don't forget that you have access to

**Quartz Virtual Visits**

[QuartzBenefits.com/digitaltools](https://QuartzBenefits.com/digitaltools)

**Quartz** Here are some types of care you can receive through a virtual care visit:



- Allergies
- Cold & Flu Symptoms
- Ear Infections
- Headache
- Nausea
- Pinkeye
- Rash
- Sinus Infections
- Sore Throat
- Sprain & Strains
- Urinary Pain

**You Can Also Find a Doctor:**

[QuartzBenefits.com/Findadoctor](https://QuartzBenefits.com/Findadoctor)